



**PATIENT NAME: (Full LEGAL NAME or as on your INSURANCE CARD)**

\_\_\_\_\_  
First Last Middle Initial Date of Birth (MM/DD/YYYY)

Address: Street Apt. # City State Zip Code

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Home Mobile Work

Emergency Contact: \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Name Relationship Phone

Email Address for Free Bi-weekly Newsletter: \_\_\_\_\_

**How would you like to receive appointment reminders? (Please check one)**

\_\_\_\_\_ Call me at home (default) \_\_\_\_\_ Call my mobile \_\_\_\_\_ Text my mobile \_\_\_\_\_ Email me

**REFERRAL:**

Please let us know who referred you so that we may thank them: \_\_\_\_\_

**PAYMENT AUTHORIZATION/CERTIFICATION OF INFORMATION: (PLEASE READ AND INITIAL):**

\_\_\_\_\_  
Initials **Assignment of Insurance Benefits**  
I authorize the payment of my insurance benefits to be made directly to The Physical Therapy Doctor, P.C. for all services rendered. If I receive a check directly from my insurance company in error, I will promptly deliver it to The Physical Therapy Doctor, P.C.

\_\_\_\_\_  
Initials **Guarantee of Payment**  
I understand that all payments designated as "patient's responsibility" such as co-insurances, co-payments, and deductibles are due and payable at the time of service upon check-in or statement receipt. I understand that **insurance verification and pre-authorization are not a guarantee of coverage**. I guarantee that I will pay the amount deemed "my responsibility" by my insurer and/or any **unpaid claims** by the statement due date.

\_\_\_\_\_  
Initials **Certification of Information**  
**I CERTIFY THAT THE INFORMATION I HAVE PROVIDED THE PHYSICAL THERAPY DOCTOR, P.C. FOR PAYMENT INCLUDING, BUT NOT LIMITED TO, RELATED ACCIDENTS, INJURIES, ILLNESSES OR OTHER INSURERS IS ACCURATE AND TRUTHFUL.**

\_\_\_\_\_  
Initials **Cancellation/No-Show Policy**  
I understand that The Physical Therapy Doctor, P.C. requires **24 HOURS NOTICE** prior to my scheduled appointment time in the event of a cancellation. I acknowledge and agree to pay the **\$25 FEE FOR NO-SHOWS or LATE CANCELLATIONS** upon sign-in at my next visit. In the event that I do not have any future appointments, I agree to pay any and all fees incurred upon receipt of a statement from The Physical Therapy Doctor, P.C.

\_\_\_\_\_  
Initials **For Medicare Patients only**  
I certify that the information given by me in applying for payments under Title XVIII of the Social Security Act is correct. I authorize any holder of medical or other information about me to be released to the Social Security Administration, Health Care Financing Administration or its intermediaries or carriers and information needed for this or a related Medicare claim. I request the payment of authorized benefits be made on my behalf. I assign benefits payable for physical therapy services to The Physical Therapy Doctor, P.C.

**NOTICE OF PRIVACY PRACTICES:**

\_\_\_\_\_  
Initials I hereby acknowledge that I have received and reviewed The Physical Therapy Doctor, P.C.'s Notice of Privacy Practices. Should I have any questions regarding said notice, I understand that I can contact the practice at (718) 747-2019.

**PAIN**

**PLEASE CIRCLE ALL THAT APPLY**

1. Please rate your pain level on a scale of 0 to 10 (0 being no pain and 10 being the worst pain)

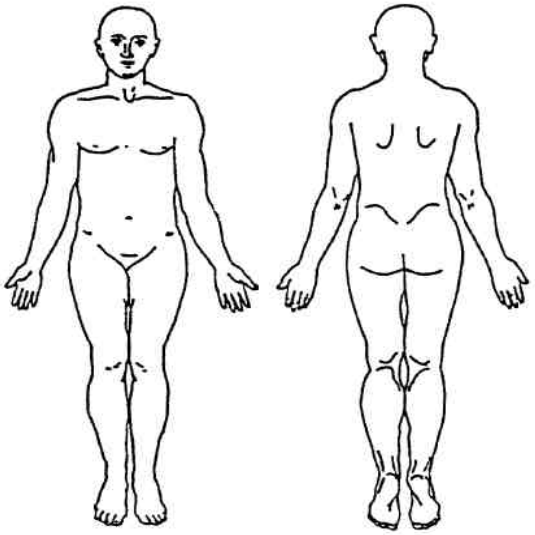
At Your Worst: 0 1 2 3 4 5 6 7 8 9 10  
 Currently: 0 1 2 3 4 5 6 7 8 9 10  
 At Your Best: 0 1 2 3 4 5 6 7 8 9 10

2. Date your PAIN BEGAN or RECENTLY BECAME WORSE: \_\_\_\_\_

3. **BODY PART INVOLVED:** \_\_\_\_\_

*PLEASE MARK BELOW WHERE YOUR PAIN IS LOCATED:*

**PHYSICAL THERAPISTS USE ONLY**



4. What type of pain is it?

Burning    Dull & Achy    Sharp    Throbbing    Shooting    Numbness/Tingling

5. How often do you experience your pain?    Constantly or Intermittently

6. When is your pain at its worst?    Morning    Afternoon    Night

7. With which of the following do you experience pain?

Sitting    Standing    Walking    Lying down    Only when I move    All of the above

**EXERCISE**

8. Do you exercise?    YES    NO

9. If YES, What type of exercise? \_\_\_\_\_ How often? \_\_\_\_\_

**BMI**

10. Your estimated weight is: \_\_\_\_\_

11. Your estimated height is: \_\_\_\_\_

**GOALS**

12. What activities do you have difficulty doing? (Please be specific) \_\_\_\_\_



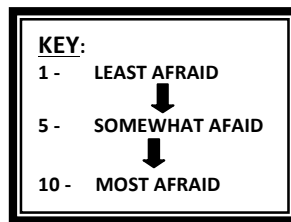
Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**TO BE COMPLETED BY BALANCE PATIENTS ONLY  
PLEASE DISREGARD THIS PAGE IF IT DOES NOT APPLY TO YOU.**

**FALLS**

- 13. Have you fallen over the past year? YES NO
- 14. If yes, how many times? \_\_\_\_\_
- 15. Did you sustain an injury? \_\_\_\_\_

**FALLS EFFICACY SCALE**



16. On a scale from 1 to 10, rate your FEAR OF FALLING while doing the following activities:

<u>Activity</u>	<u>Score</u>
A. Taking a bath or shower	
B. Reaching into cabinets or closets	
C. Walking around the house	
D. Preparing meals not requiring carrying heavy or hot objects	
E. Getting in and out of bed	
F. Answering the door or telephone	
G. Getting in and out of a chair	
H. Getting dressed and undressed	
I. Personal grooming (i.e. wash your face)	
J. Getting on and off the toilet	
<b>TOTAL SCORE</b>	

*A total score of greater than 70 indicates that the person has a fear of falling.*

*Source: Tinetti, M., Richman, D., Powell, L. (1990). Falls Efficacy as a Measure of Fear of Falling. Journal of Gerontology. 45;239*



## **MEDICAL HISTORY**

**Please check if you have any history of the following conditions:**

- |   |   |
|---|---|
| <input type="checkbox"/> Alcoholism                               | <input type="checkbox"/> Insomnia                                 |
| <input type="checkbox"/> Allergies                                | <input type="checkbox"/> Intrusive Thoughts                       |
| <input type="checkbox"/> Anemia                                   | <input type="checkbox"/> Irritable Bowel Syndrome                 |
| <input type="checkbox"/> Anxiety                                  | <input type="checkbox"/> Kidney Problems                          |
| <input type="checkbox"/> Arthritis                                | <input type="checkbox"/> Low blood pressure                       |
| <input type="checkbox"/> Asthma                                   | <input type="checkbox"/> Liver/Gallbladder Problems               |
| <input type="checkbox"/> Attention Deficit Hyperactivity disorder | <input type="checkbox"/> Lyme Disease                             |
| <input type="checkbox"/> Balance Problems                         | <input type="checkbox"/> Mental Illness/Disease                   |
| <input type="checkbox"/> Blood Clot                               | <input type="checkbox"/> Metal Implants                           |
| <input type="checkbox"/> Bowel/Bladder Issues (Incontinence)      | <input type="checkbox"/> Miscarriage                              |
| <input type="checkbox"/> Brain Injury                             | <input type="checkbox"/> Motor Vehicle Accident(s)                |
| <input type="checkbox"/> Cancer - Type? _____                     | <input type="checkbox"/> Multiple Chemical Sensitivity            |
| <input type="checkbox"/> Candida (Yeast Allergy)                  | <input type="checkbox"/> Nausea/Vomiting                          |
| <input type="checkbox"/> Carbon Monoxide Poisoning                | <input type="checkbox"/> Night Sweats                             |
| <input type="checkbox"/> Celiac Disease                           | <input type="checkbox"/> Numbness                                 |
| <input type="checkbox"/> Chest Pains                              | <input type="checkbox"/> Open Wounds                              |
| <input type="checkbox"/> Chronic Fatigue Syndrome                 | <input type="checkbox"/> Osteoarthritis                           |
| <input type="checkbox"/> Concussion                               | <input type="checkbox"/> Osteoporosis                             |
| <input type="checkbox"/> Depression                               | <input type="checkbox"/> Pacemaker/Defibrillator                  |
| <input type="checkbox"/> Diabetes                                 | <input type="checkbox"/> Phobias                                  |
| <input type="checkbox"/> Diarrhea                                 | <input type="checkbox"/> Pins & Needles                           |
| <input type="checkbox"/> Difficulty Speaking                      | <input type="checkbox"/> PTSD                                     |
| <input type="checkbox"/> Disc Problems                            | <input type="checkbox"/> Radiation Treatments                     |
| <input type="checkbox"/> Dizziness or History of Fainting         | <input type="checkbox"/> Reflux                                   |
| <input type="checkbox"/> Eating Disorder                          | <input type="checkbox"/> Rheumatoid Arthritis                     |
| <input type="checkbox"/> Empty Nest Syndrome                      | <input type="checkbox"/> Ringing in Ears                          |
| <input type="checkbox"/> Epilepsy                                 | <input type="checkbox"/> Seizures                                 |
| <input type="checkbox"/> Excessive Fatigue                        | <input type="checkbox"/> Shortness of Breath/Difficulty Breathing |
| <input type="checkbox"/> Falls                                    | <input type="checkbox"/> Skin Rashes                              |
| <input type="checkbox"/> Fever                                    | <input type="checkbox"/> Sleep Apnea                              |
| <input type="checkbox"/> Fibromyalgia                             | <input type="checkbox"/> Sleep Disturbances                       |
| <input type="checkbox"/> Headaches (Tension or Migraine)          | <input type="checkbox"/> Stomach or Intestinal Issues             |
| <input type="checkbox"/> Heart Attack/Disease                     | <input type="checkbox"/> Stroke                                   |
| <input type="checkbox"/> Heart Palpitations                       | <input type="checkbox"/> Stuttering                               |
| <input type="checkbox"/> Hemorrhoids                              | <input type="checkbox"/> Substance Abuse                          |
| <input type="checkbox"/> High Blood Pressure                      | <input type="checkbox"/> Sweaty Hands/Feet                        |
| <input type="checkbox"/> High Cholesterol                         | <input type="checkbox"/> Thyroid Dysfunction                      |
| <input type="checkbox"/> Hypoglycemia                             | <input type="checkbox"/> Ulcer                                    |
| <input type="checkbox"/> Infectious Disease                       | <input type="checkbox"/> Vision Problems                          |
| <input type="checkbox"/> Incontinence                             |   |

**PLEASE LIST ANY OTHER PAST MEDICAL HISTORY NOT LISTED ABOVE:**

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